

## Jennifer Banks

Counselling Therapist MEd, RCT-C, CCC

Consent for Treatment and Limits of Liability

## <u>Limits of Services and Assumption of Risks:</u>

Therapy sessions carry both benefits and risks. Therapy sessions can significantly reduce the amount of distress someone is feeling, improve relationships, and/or resolve other specific issues. However, these improvements and any "cures" cannot be guaranteed for any condition due to the many variables that affect these therapy sessions. Experiencing uncomfortable feelings, discussing unpleasant situations and/or aspects of your life are considered risks of therapy sessions.

## Limits of Confidentiality:

What you discuss during your therapy session is kept confidential. No contents of the therapy sessions, whether verbal or written may be shared with another party without your written consent or the written consent of your legal guardian. The following is a list of exceptions:

- ❖ Duty to Warn and Protect:If you disclose a plan or threat to harm yourself, the therapist must attempt to notify your family and notify legal authorities. In addition, if you disclose a plan to threat or harm another person, the therapist is required to warn the possible victim and notify legal authorities.
- Abuse of Children and Vulnerable Adults: If you disclose, or it is suspected, that there is abuse or harmful neglect of children or vulnerable adults (i.e. the elderly, disabled/incompetent), the therapist must report this information to the appropriate state agency and/or legal authorities.

may have to reveal some mate	rial.	$\rightarrow$
By signing below, I agree to the aborconfidentiality and understand their	1	
Client Signature (Client's Parent/Gu	ardian if under 18)	Date
Print Name	_ Phone Number	:

Subpoena: If a subpoena is presented, Therapists have a legal obligation and

## **Cancellation Policy:**

If you are unable to attend an appointment, we request that you provide at least 24 hours advance notice to our office. Since we are unable to use this time for another client, please note that you will be billed for the entire cost of your scheduled appointment. Under extenuating circumstances, please talk with the office or Jennifer about rescheduling.